

## आत्मज्ञानप्रकाशकः मन्त्रः

*Ātmajñāna-prakāśakah Mantrah*

अहं वृक्षस्य रेखिवा । कीर्तिः पृष्ठं गिरेखिव । ऊर्ध्वपवित्रो वाजिनीव  
स्वमृतमस्मि । द्रविणः सवर्चसम् । सुमेधा अमृतोक्षितः । इति  
त्रिशङ्कोर्वेदानुवचनम् ॥

*Aham vṛkṣasya rerivā  
kīrtiḥ pṛṣṭham gireriva  
ūrdhvapavitro vājiniḥ svamṛtamasmī  
draviṇaḥ savarcasam  
sumedhā amṛitokṣitaḥ.  
Iti triśaṅkorvedānuvacanam.*

*Aham* - I (Brahman); *vṛkṣasya* - of the tree (of saṁsāra); *rerivā* - (from *prerayitr*) invigorator (by lending consciousness)

*kīrtiḥ* - fame; *pṛṣṭham* - peak; *gireḥ* - of the mountain; *iva* - like

*ūrdhva* - high; *pavitrah* - purity = untouched by impurity; *vājini* - in the Sun; *iva* - like;  
*su* - good; *amritam* - immortal; *asmi* - I am.

*draviṇaḥ* - wealth; *sa* - with; *varcasam* - brilliance

*sumedhā* - omniscience; *amritaḥ* - not subject to death; *akṣitaḥ* - not subject to decay  
or  
*amritena* - by the nectar of immortality; *ukṣitaḥ* - soaked

*Iti* - thus; *triśaṅkuḥ* - by Triśaṅku; *veda* - knowledge; *anu* - after; *vacanam* - declaration

"I<sup>1</sup> am the enlivener<sup>2</sup> of the tree;<sup>3</sup>  
my fame<sup>4</sup> [as high] as a mountain peak.  
Untouched by impurity;  
undying like the Sun;<sup>5</sup>  
I shine with the wealth<sup>6</sup> (of self-knowledge):  
omniscient, immortal, undecaying."  
This is the declaration of Triśaṅku after the ascertainment of self-knowledge.

(The repetition of this mantra is for self-knowledge: by chanting this mantra we share in the vision of Rishi Triśaṅku.)

<sup>1</sup> I = Brahman, because this is a statement declared after the attainment of self-knowledge.

<sup>2</sup> Enliven = lending existence, by lending consciousness. Brahman lends existence to the cosmos as a root lends existence to the tree.

<sup>3</sup> The tree = the cosmos. Brahman, by lending consciousness lends life to the tree of *saṁsāra*.

<sup>4</sup> My fame = Brahman's fame. All glories belong to Brahman.

<sup>5</sup> *Vājam* = food. *Vājini* = one endowed with food = name of the Sun, because all food we eat is a modification of the energy of the Sun. Just as energy is the eternal *svarūpam* of the Sun, immortality is eternally my *svarūpam*.

<sup>6</sup> Knowledge is best form of wealth because the more it is given the more it enhances.